



HEADING

In 2016, US Soccer issued a draft Player Development Initiative guideline and USYS issued a new rule on heading by young players. It has left implementation of the recommendations in the hands of state and local soccer associations.

In an effort to comply with the PDI and new USYS Rule, the Board of Colorado Soccer Association has determined that in all matches and tournaments sanctioned by Colorado Soccer, deliberate heading of a ball in all 4 v. 4 and 7 v. 7 matches will not be allowed.

If a player deliberately heads the ball in a game, an indirect free kick should be awarded to the opposing team from the spot of the offense. If the heading occurs within the penalty area of a 7 v. 7 match, the referee shall award an indirect free kick to the opposing team. The indirect free kick should be taken on the goal area line parallel to the goal line at the nearest point to where the infringement occurred.